Volume 2 Issue 6 February 2016

Post Office Box 74139 ~ Baton Rouge, LA 70874-4139

Sorors,

February is Collegiate Transition Month. During this month, we are encouraged to do our best to assist our collegiate sisters in making the transition from undergraduate member to graduate member as seamless as possible. Baton Rouge Delta Alumnae Chapter has a rich history of service in our community. In order to continue making a historical impact, it is up to us to cultivate to interest and membership of our young sorors. Take a moment this month to reach out to a young soror and extend the invitation to her to participate in one of our activities. It takes each and everyone of us to bring about growth and change in our community.

Lots of Delta Love.

.Karmen

### 2016-2017 Dues

Golden/Diamond Life	\$295.00
Regular Member	\$420.00
2nd Year Graduate	\$260.00
1st Year Graduate	\$185.00

Late Fee (Apr 1—June 30) \$5.00

#### Reinstatement Fee

- \$15.00 (If not currently financial or remitted after June 30) \$25 (If not financial for two or more years)

2016-2017 Dues Payable January 1, 2016 - March 31, 2016

Please see financial officers in March meeting.

#### Agenda

Call to Order

Ritualistic Opening

Adoption of the Agenda

Minutes

Communications

Reports

President

Budget and Finance

Executive Board

Committees

Unfinished Business

New Business

Announcements

Ritualistic Closing

Breakfast will be served from 8:45am to 9:15am

Rededication 9:30am

Attire: Black Business with Violet Corsage NO PANTS - bring penlights and ritual

Sorority Meeting will begin at 10:00am

### Member Updates

Please continue to lift our Sorors and their families in prayer.

#### Illnesses

• Barbara Smith, Cousin of Soror Mamye Hall

#### Transitions

- Soror Helen Q. Shaw, Mother of Soror Cynthia Shaw Meyers
- Darryl Vincent, Cousin of Soror Jo Lynette Johnson

Join the Fight Against

Heart Disease

Wear Red on February 25th



### February Birthdays

_	
5-Feb	Thomasine Mencer

6-Feb Betty Fuller

11-Feb Bertha Pitts

14-Feb Karmen Davis

14-Feb Tome' Frazier

19-Feb Mamye Hall

24-Feb Lela Butler

### February Hostesses

Nakesha Alexander

Yvette Alexander

Kimberly Barnett

Helena Cunningham

Kim Hausey

Charlotte Henderson

Adrienne Joseph

Valecia Murphy

Sylvia Sanders

Ada Sanford

Doris Thompson

Katherine Victorian

# Lois' Light



#### God's Valentine Gift

God's Valentine gift of love to us Was not a bunch of flowers; It wasn't candy, or a book To while away the hours. His gift was to become a man. So He could freely give His sacrificial love for us. So you and I could live. He gave us sweet salvation, and Instruction, good and true--To love our friends and enemies And love our Savior, too. So as we give our Valentines, Let's thank our Lord and King: The reason we have love to give Is that He gave everything.

By Joanna Fuchs

The DIVINE LINE (PRAYER) for the SW Region of Delta Sigma Theta Sorority, Inc. is now available on Mondays at 6:00 a.m. Call In Number: 1-302-202-1106 Code: 561048

February 8, 22, 2016 March 7, 21, 2016 April 4, 18, 2016 May 2,16, 30, 2016 June 13, 27, 2016 July 11, 25, 2016 August 2,22, 2016

### Chapter Policies and Procedures

Chapter policies and procedures are currently under review. Please submit any policy recommendations to Soror Gail H. Ray no later than February 16, 2016.

Policies and Procedures committee will meet on Tuesday, February 16, 2016 at 6:00 p.m.













**50 Year and 25 Year Honorees** 



**Founders Day Planning Committee** 



### Community Awards















**Entertainment** 

### Physical and Mental Health

Support Go Red For Women by participating in National Wear Red Day® on Friday, February 5, 2016 and <u>donate</u> to help fund research during American Heart Month.

Why Go Red? Heart disease and stroke cause 1 in 3 deaths among women each year, killing approximately one woman every 80 seconds. Fortunately, we can change that because 80 percent of cardiac and stroke events may be prevented with education and action. That's why this year we are asking that you wear red on National Wear Red Day® and Donate to Go Red For Woman. By doing so you help support educational programs to increase women's awareness and critical research to discover scientific knowledge about cardiovascular health.

And don't forget to make your heart health a priority. Schedule your <u>Well-Woman Visit</u>, a prevention check-up to review a woman's overall health so her doctor can measure blood pressure, check cholesterol and look for signs of heart disease, stroke and other illnesses. Then encourage others through your social channels to do the same using the hashtags, #GoRedWearRed and #WellWomenVisit.

#### FACTS ABOUT HEART DISEASE IN WOMEN

Do you know what causes heart disease in women? What about the survival rate? Or whether women of all ethnicities share the same risk?

The fact is: Heart disease is the No. 1 killer of women, causing 1 in 3 deaths each year. That's approximately one woman every minute!

But it doesn't affect all women alike, and the warning signs for women aren't the same in men. What's more: These facts only begin to scratch the surface.

There are a several misconceptions about heart disease in women, and they could be putting you at risk. The American Heart Association's Go Red For Women movement advocates for more research and swifter action for women's heart health for this very reason. In this section, we'll arm you with the facts and dispel some myths – because the truth can no longer be ignored.

#### SYMPTOMS OF A HEART ATTACK AND STROKE

If you had heart disease, would you recognize the symptoms? You might be thinking, "Of course!" Many people are familiar with the scene of a man clutching his chest and falling to the ground, but there's plenty more you need to know.

While there are many similarities in the symptoms of heart disease in men and women, there are even more differences – differences that could save, or end your life if you don't know them. So before you pass that jaw pain off as the result of sleeping funny or lightheadedness as something a snack or rest can fix, learn the symptoms. And don't ignore them.

# 2016 Louisiana Statewide Meeting

### **2016 Louisiana State Meeting**

Registration for the Louisiana State Meeting is now open. The Louisiana State Meeting will be held February 19-21, 2016 at L'Auberge Lake Charles. Registration is \$100.00. The deadline to submit payment and registration confirmation will be the January meeting.

### Statewide Community Service Project: We Care Baskets Donations

During the state meeting, we will provide "We Care Baskets" to families who have been victims of Domestic Violence. Please bring the following items to sorority meeting in January and February:

Pots Cakes and Muffin Pans

Cookie Sheet Oven Mitts

Oven Cleaner Storage Containers

Aluminum Foil

# Statewide Pillowcase Project

Louisiana Statewide Meeting 2016  Delta Emergency Response Team  The Pillowcase Project  Friday, February 19, 2016  Volunteer Registration Form				
	Information on below. When finished, click SUBMIT FORM (In the top right hand corner) to retured the form to materia.robinson@gmail.com.			
Chapter:				
Address:				
City:	State: Zip:			
Telephone:				
Email:				
Volunteer Role	**Facilitators Only**			
Please check one:	The following courses must be completed by all Pillowcase Project Facilitators. Course information will be sent following receipt of this form indicating your interest.			
Volunteer	Complete the Red Cross Volunteer Intake Process     Complete all Pillowcase Project Presenter Training     Basic Instructor Fundamentals (online)     Pillowcase Project Presenter Fundamentals Module 1(online)     Pillowcase Project Presenter Fundamentals Module 2 (in-person)			
	Participating School  Barbe Elementary School			
	400 Penn Street Lake Charles, LA 70601			

## Statewide Pillowcase Project

### The Pillowcase Project



### **DELTA**

# E

# R



2016

#### What is it?

The Pillowcase Project was created by the American Red Cross in Southeast Louisiana as a preparedness education program designed to create a generation of children who understand the science of hazards, are empowered to take action preparing for emergencies and are excited to help create a prepared community by sharing what they have learned with family and friends. The Pillowcase Project was birthed following Hurricane Katrina in 2005 and allows children through art therapy to decorate pillowcases as emergency supply kits.

### We need you?

Volunteers are needed Friday, February 19, 2015 as Louisiana DST implements the Pillowcase Project Statewide Weekend in Lake Charles, Louisiana.

#### Participating School

Barbe Elementary School 400 Penn Street Lake Charles, LA 70601

Sorors may sign-up to be facilitators or volunteers. Please see the training requirements outlined below for facilitators.

### How to get involved?

Complete the attached registration form indicating the type of services you can provide (facilitator or volunteer). If you would like to be a facilitator, you must complete the following training requirement:

- Complete the Red Cross Volunteer Intake Process
- Complete all Pillowcase Project Presenter Training
  - Basic Instructor Fundamentals (online)
  - Pillowcase Project Presenter Fundamentals Module 1(online)
  - Pillowcase Project Presenter Fundamentals Module 2 (in-person)

\*In-person training will be provided throughout the state prior to Statewide Weekend.

Please contact Soror Mardrah Starks-Robinson (mstarks.robinson@gmail.com)
for more information regarding online and in-person training. \*





### Call For Nominations

Dear Sorors,

This is to inform all financial members that the Nominating Committee is now accepting names of Baton Rouge Delta Chapter members interested the offices/positions for the term for 2016-2018.

President
First Vice President
Second Vice President
Recording Secretary
Corresponding Secretary
Financial Secretary
Assistant Financial Secretary
Treasurer
Chairman, Internal Audit Committee
Chairman, Nominating Committee
Six (6) Members of the Nominating Committee

Qualifications for office are as follow:

Candidates must have attended a Regional Conference or a National Convention within the last three (3) years (2013-2015).

Candidates must be financial with Baton Rouge Delta Alumnae Chapter and Grand Chapter for the current sorority year.

Names of prospective candidates and required documents must be submitted to the Chairperson of the Nominating Committee by March 10, 2016. After the slate of nominations is announced, nominations will be taken from the floor during the March chapter meeting. If a soror is nominated from the floor and is not present at the March meeting, we will adhere to Robert's Rules of Order since this is silent in our current Policies and Procedures. Robert's Rules of Order states that a person must give prior consent by letter or by calling the Nominating Chair. This means that a soror must provide a prior written statement or telephone call to the Nominating Chair confirming her acceptance of the nomination and statement confirming her agreeing to run for office. A text message, email or other confirmation is acceptable if it comes from the nominee's telephone or email address. The election will occur during the April 2016 chapter meeting.

# Membership Updates

# 2016 Regional Slate

#### 2016 REGIONAL SLATING RESULTS

### **SOUTHWEST**

REGION

Nicole Taylor, Chair Raven Alston, Collegiate Member Talemah Jones, Member Lameka Trahan, Member Tammica Traylor-Craft, Member

Regional Director				
Karen Patrice Dourseau	Houston Alumnae			
Pamela M. Rogers	New Orleans Alumnae			
Regional Representative				
Jacquita Johnson	Delta Gamma - Texas Southern University			
Member, National Finance	e Committee			
Not Applicable for 2016				
Member, Scholarship & St	tandards Committee			
Not Applicable for 2016				
Member, 2017 National N	ominating Committee			
Martina Samuels	North Harris County Alumnae			
Chair, Regional Nominating Committee				
Open				
Member, Regional Nominating Committee (3 Alumnae Positions)				
Open				
Open				
Open				
Collegiate Member, Region	onal Nominating Committee			
Open				

# 2016 Regional Conference

August 11-14, 2016 San Antonio, Texas



Crimson Level

Violet Level

#### SOUVENIR JOURNAL AD REQUEST FORM

AD DESCRIPTION	PRICE	+ PHOTO	
SW REGIONAL DELTA CHAPTERS	ADS MUST BE CAMERA-		
Full Page	\$350	\$375	READY and in the proper size
Half Page	\$200	\$225	Cover ads will be committed
Quarter Page	\$125	to first who pay ad in full.	
Sponsorship W	All ads will be retained by		
piamond Level \$250.00+			Delta Sigma Theta.
Pearl Level	\$100.00 -	\$249.99	

Please complete the following and send with your payment and a copy of your ad.

\*\*PLEASE SUBMIT ONE FORM PER AD\*\*

Name:	Date:
Address:	
Contact number:	Email:
Select your ad below: Full Page Half Page	Quarter Page MY AD HAS A PHOTO
Total Amount Submitted:	Check Money Order
Please make checks payable to:	

\$50.00 - \$99.99 \$25.00 - \$49.99

#### Please make checks payable to: Delta Sigma Theta Sorority, Inc.

MEMO: 2016 SWRC Souvenir Journal

Mail hard copy of ad(s) and check to: Delta Sigma Theta Sorority, Inc. San Antonio Alumnae Chapter P.O. Box 1846 San Antonio, TX 78297

Attn: 2016 SWRC Souvenir Journal

#### ADS ARE DUE JUNE 1, 2016

Please submit camera-ready ads via email to 2016swconferenceads@gmail.com \*\*Late ads will be assessed a \$35 fee\*\* Acceptable file formats JPEG, PNG & GIF QUESTIONS? Contact us: Sheryl C. Womble @ 210-601-9674

2016swconferenceads@gmail.com

Download this form at dstsanantonio.com

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### Delta Sigma Theta Sorority, Inc.

2016 Regional Conference Committee Application

Attention Chanter Presidents

Contact Information		
lame*		
Membership Number*		
treet Address		
ity State Zip Code		
Iome Phone		
Cell Phone		
-Mail Address		
Current Chapter Affiliation*		
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ir additional space is neede	no, piease attach a separate sireet.	
Regional Conference (	Committees	
Regional Conference ( NOTE: Refer to Chapter M	Committees anagement Handbook for Roles and Responsibili	ties.]
Regional Conference ( NOTE: Refer to Chapter M Evaluations	Committees  anagement Handbook for Roles and Responsibility  Assistants to the Sgt. at Arms	Rules
egional Conference ( NOTE: Refer to Chapter M Evaluations Credentials	Committees  anagement Handbook for Roles and Responsibilit  Assistants to the Sgt. at Arms  Protocol Assistants	Rules Site
Regional Conference (INOTE: Refer to Chapter M Evaluations Credentials Elections	Committees  anagement Handbook for Roles and Responsibility  Assistants to the Sgt. at Arms  Protocol Assistants  Pages  of preference, the committee(s)/assigni	Rules Site Timekeeper
Regional Conference ( NOTE: Refer to Chapter M Evaluations Credentials Elections	Committees  anagement Handbook for Roles and Responsibility  Assistants to the Sgt. at Arms  Protocol Assistants  Pages  of preference, the committee(s)/assigni	Rules Site Timekeeper

\*\*Please Print clearly and complete the entire application. \*\*



### Scarf Order Form



MAIL ORDER TO: San Antonio Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Attn: SW Regional Scarf

P.O. Box 1846

San Antonio, Texas 78297

(210) 219-8682

NameStreet			-	Phone ()		
City				-	State Zip	
Quantity		X	Unit Cost \$25.00	=	Merchandise Total Shipping/Handling Total	\$5.00
Chapter Nan	ne					

All proceeds will benefit the Delta Sigma Theta Sorority, Inc., 45th Southwest Regional Conference

Scarves will be worn at the 45th Southwest Regional Conference Sisterhood Luncheon

Free shipping & handling on orders of 10 or more placed before March 15, 2016

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Make checks or money orders payable to: Delta Sigma Theta Sorority, Inc.



#### CONFERENCE CHOIR

All Sorors interested in participating in the 45th Regional Conference Choir must complete and return this form by Saturday, June 17, 2016. Music will be forwarded to each choir member prior to conference rehearsals. Please complete this form and email it to: <a href="mailto:dstsat@aol.com">dstsat@aol.com</a>. Please place Regional Conference Music in the subject line.

Name:	120 020
Address:	NZO NZO
City:	State: Zip Code:
Home Phone #: (	
Email Address:	
Chapter Name: _	
	struments that you play:
Please list all ins	
***************************************	
CHOIR SECTION:	
***************************************	Soprano Alto Tenor



### Talent Showcase / Variety Show

The 2016 Southwest Regional Conference is pleased to present the Blazing Southwest Region Talent Showcase. Sorors will minister through movement, song and dance a passionate reflection of the many trials that women are faced with as we continue to lead our families and loved ones.

#### Eligibility:

- · Participants must submit a completed entry form.
- Each team is only allowed three (3) stagehands maximum.
- A current video representation/internet link of a previous performance should accompany entry form to kristenwlswrr@gmail.com
- The registration deadline is Friday, June 17, 2016
- The Team will be notified no later than June 21, 2016 after the Committee has reviewed entries.
- Every participant must be financial and in good standing for the 2016-17 fiscal year.
- Every participant MUST be registered for the Regional Conference or the team must submit a \$200.00 registration fee.
- Spring 2016 Collegiate graduates are eligible to participate with their collegiate chapter.

\*\*\*Early entries are strongly recommended. Any additional requirements will be provided separately.

Please direct all inquiries to Kristen Wells-Lewis at (832) 574--0002 or via-email at kristenwlswrr@gmail.com.

Email video clip and registration form to kristenwlswrr@gmail.com

Attention: 2016 Regional Conference Talent Showcase

## January 2016

### February 2016 Baton Rouge Delta Calendar 2015-2016 Sorority Year



Cundou	Mondon	Tuesday	Madaadaa		Di Harding Blud. Baton Rouge, L	Catuaday
Sunday	Monday 1	Tuesday 2	Wednesday	Thursday 4	Friday 5	Saturday 6
	•	2	3	Budget & Finance Committee Meeting 5 p.m.	5	6
7	8 Executive Board Meeting 6 p.m.	9 Physical & Mental Health Committee Meeting 6 p.m. International Awareness Committee Conference Call 7:30 p.m.	Political Awareness Committee Meeting 6 p.m.	Economic Development 6 p.m.  Arts & Letters Committee Conference Call 7 p.m.	12	Chapter Meeting 10 a.m.
14 Happy Valentine's Day	Delta GEMS 6 p.m.	16 Delta Academy 6 p.m.  Social Action Committee Call Time (TBA)	17	18	LA Statewide Meeting Lake Charles	LA Statewide Meeting Lake Charles
21 LA Statewide Meeting Lake Charles	22	23	24	25	26	27
28	29					

### Volunteer Service Hours

#### **Volunteer Service Hours**

This form is designed to compile data of volunteer service hours of a chapter and its individual members. The term "volunteer service hours" is defined as service hours that reflect a soror's commitment to the 5 Point Programmatic Thrusts of the sorority (Economic Development, Educational Development, Physical and Mental Health, Political Awareness and Involvement and International Awareness and Involvement). Sorors may report and receive credit for time spent at chapter, executive committee/board and committee meetings, etc. Volunteer service hours should not be reported for time spent as part of your profession, i.e. a teacher performing after school tutorials or part of your employer's Adopt-a-School program.

DATE:	PROGRAM/ACTIVITY*	<b>5-POINT THRUST</b>	HOURS
	Executive Board	ED	
	Sorority Meeting	ED	
	Budget and Finance	EC	
	Economic Development	EC	
	ED – Delta Academy	ED	
	ED - GEMS	ED	
	ED - DREAM	ED	
	ED - EMBODI	ED	
	Physical and Mental Health	РН	
	International Awareness and Involvement	IN	
	Political Awareness and Involvement	РО	
	Arts and Letters	ED	
	Social Action	EC	
	Delta DEARS	РН	
	Founders Day/May Week	РН	

i certify that the above information is a true record of my volunteer n	ours.
Signature:	Phone:

The Delta Voice February 2016



Baton Rouge Delta Alumnae Chapter P O Box 74139 Baton Rouge, LA 70874-4139