



# The Delta Voice

Delta Sigma Theta Sorority, Inc.

Baton Rouge Delta Alumnae Chapter

Post Office Box 74139-Baton Rouge, La. 70874

Volume 3 Issue 6

March 2017

## President's Message

Sorors,

During the month of March we celebrate Sisterhood Month as well as International Women's Day. Throughout the month let us be reminded of the unique bond that we each have with one another. Let's celebrate our black girl magic and our black woman wonder each and everyday this month. This month, I challenge you to put the sister back in Sisterhood. Visit a soror who is sick, call your favorite Delta Dear, have lunch with your favorite Doll or Diva, and send a friendly note to a line sister you haven't heard from in a while. I encourage each of you to take part in the programs and activities planned as a part of our Sisterhood Month calendar and invite a non-financial Soror to join you. Remember, reclamation begins with you. Be kind to one another, love each other and learn from your sisters everyday.

Lots of Delta Love,

*Karmen*



## 2017-2018 Dues

The Financial Officers will be collecting 2017-2018 Annual Dues at Sorority Meeting:

Golden/Diamond Life: \$295

Regular Member: \$420

**The March 11th Sorority Meeting will be the last time dues will be collected before the 3/31/2017 deadline.**



# Agenda

- Call to Order
- Ritualistic Opening
- Adoption of the Agenda
- Minutes
- Communications
- Reports
  - President
  - Budget and Finance
  - Executive Board
  - Committees
- Unfinished Business
- New Business
- Announcements
- Ritualistic Closing

**Sorority Meeting will begin at 10:00 am**

**Breakfast will be served at 9:15 am**

## March Hostesses

- Shirley Henderson-Chair
- Jacqueline Dixon
- Marilyn Baker Guy
- LaConga Hilliard Scott
- Jo Lynette Johnson
- Lois LeDuff
- Rayett Lockett
- Cynthia Myers
- Audrey O'Conner
- Myrties Russell
- Natasha Seals
- Ryan Waits

# Member Updates

### Illnesses

- Mr. Nathaniel Brown, husband of Soror Pearlle Brown
- Kim Hausey

### Surgery

- Katie Smith

### Transitions

- Mr. Harry Parker, Jr. Father of Soror Carmen Valliere
- Mr. Morris W. Price, Sr., Uncle of Soror Joyce Price

**Please continue to lift our sorors and their families in prayer.**

## March Birthdays

- 1- LaConga Hilliard Scott
- 4- Patsy Price
- 11- Rayett Lockett
- 13- Lauren Clark
- 14- Alma Cherry
- 16- Sophia Riley
- 17- Yolanda Martin Singleton
- 18- Barbra Bilberry
- 24- Lela Butler
- 19 - Waree Waits
- 20- Diane Lomas
- 24- LaJoyce Wilson
- 27- Erika Green



# Baton Rouge Delta March Calendar

- 3/6 - Budget and Finance Committee Meeting- 5:00 p.m.
- 3/6 - Executive Board Meeting- 6:00 p.m.
- 3/11- Sorority Meeting- 10:00 am
- 3/12 - Get Acquainted Activity - 4:00pm -6:00 pm
- 3/14 - Physical and Mental Health Committee Meeting- 6 pm
- 3/14 - Political Awareness and Involvement Committee Meeting- Location TBA
- 3/14 - International Awareness-6 p.m.
- 3/16 - Economic Development- 6 p.m.
- 3/20 - Delta GEMS
- 3/21- Delta Academy- 6 p.m.
- 3/28 - Delta DEARS Committee Meeting- 11:00 A.M.- Location TBA
- 3/30 - Budget and Finance Committee Meeting 6:00 p.m. (April Meeting)





## Lois' Light



### **Ten Thoughts to Live By**

**Author Unknown**

Thou shalt not worry, for worry is the most unproductive of all human activities.

Thou shalt not be fearful, for most of the things we fear never come to pass.

Thou shalt not cross bridges before you get to them, for no one yet has succeeded in accomplishing this.

Thou shalt face each problem as it comes. You can handle only one at a time anyway.

Thou shalt not take problems to bed with you for they make very poor bedfellows.

Thou shalt not borrow other people's problems. They can take better care of them than you can.

Thou shalt not try to relive yesterday for good or ill — it is gone. Concentrate on what is happening in your life today.

Thou shalt count thy blessings, never overlooking the small ones, for a lot of small blessings add up to a big one.

Thou shalt be a good listener, for only when you listen do you hear ideas different from your own. It is very hard to learn something new when you are talking.

Thou shalt not become bogged down by frustration, for 90 percent of it is rooted in self-pity, and it will only interfere with positive action.



# Chapter News

## **Interested in holding a chapter office?**

Although chapter elections will take place in 2018, there is no time like the present to begin preparing for your next step in leadership. In order to be eligible for an office or position, you must have attended a Regional Conference or National Convention in the last three years. Attending State, Regional, and National meetings are an excellent way to learn more about the organization's current initiatives, gain insight into the duties and responsibilities of the offices/positions, and network with other sorors to gain a fresh new perspective on Delta. Please consider attending the following upcoming meetings.



Nominations for Alternate Delegate to the 53rd National Convention will be taken from the floor in the March meeting. The election will take place during the April Meeting.





# Sisterhood Month

Sorors, the Membership Services committee has planned the following activities as we celebrate and honor Sisterhood Month. Please mark your calendar to attend.

**Friday, March 24, 2017- 7:00 - 9:00 PM:  
Lady D, Instructional Line Dancing  
Open to family, friends & sister chapters  
Baton Rouge Delta House, 926 Harding Blvd.**



**Saturday, March 25, 2017- 2:00 - 4:00 PM:  
Reclamation activity:  
Crimson and Ice Cream Social  
Baton Rouge Delta House, 926 Harding Blvd.**

**Sunday, March 26, 2017-8:00 AM:  
Church Fellowship and Brunch (casual)  
Beacon Light Baptist Church, 7513 Prescott Rd.**

**Brunch with Chef Celeste, immediately following church service. Located at Fifth and Main St., Downtown Baton Rouge**





# Economic Development

**The Economic Development Committee**

**Invites You to Attend**

**“The Financial Bootcamp “– Getting Financially Fit**

**On**

**Saturday, March 18, 2017**

**10:00 AM to 1:00 PM**

**Baton Rouge Delta Development Corporation House**

**926 Harding Blvd. Baton Rouge, LA**



Delta Sigma Theta Sorority, Incorporated

**Find out how you can become “financially fit” as you gain tips and knowledge on the importance of becoming debt free and asset building from industry experts.**

**For more information contact Dr. Waree Dorsey-Waits, Committee Chairperson at [waree.waits@gmail.com](mailto:waree.waits@gmail.com)**

**Join Us on the road to Financial Wellness!!!**







# Physical & Mental Health

## March is National Nutrition Month



During National Nutrition Month® and beyond, losing or maintaining weight is all about calories in versus calories out. The 2015-2020 Dietary Guidelines for Americans suggest starting with small changes in order to make healthier lasting changes you can enjoy. Change is not an easy task; it has to come about in stages to ensure success.

Diet trends often focus on one food or one nutrient, promising it will be the magic bullet for losing weight and keeping it off forever. However, when registered dietitians analyze a weight-loss plan, invariably it turns out that the key is reducing your intake of calories. It's all about the calories you put into your body versus the calories you burn.

Eat a balanced diet with mostly fruits, vegetables and whole grains as your base. Accompany this with daily physical activity to help your body burn those calories so you can maintain a healthier weight. Budget yourself, just like you would your finances. If you overspend in the calorie department one day, try to make up for it in the exercise department the next. Over time, if you save up calories, you are able to have that once-in-a-while splurge and not feel like you've blown your calorie budget.

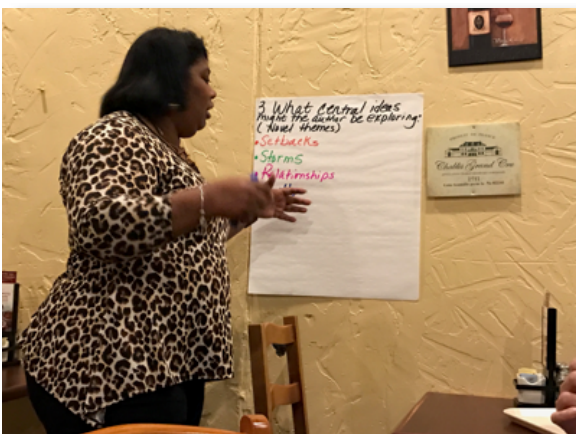
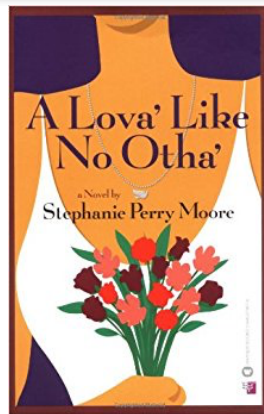
Begin by focusing on one small change at a time. The changes you decide to make can focus on one food group or even one meal at a time. Make sure to engage in regular calorie-burning physical activity such as, walking briskly, bicycling, swimming, etc. to help with achieving a health body weight.







# Arts & Letters



Baton Rouge Delta's Book Club met on Saturday, March 4, 2017 at La Madeleine's Country French Cafe to discuss the best selling novel, "A Luv Like No Otha," by Author and Soror Stephanie Perry Moore.



## 2017 Cotillion "Get Acquainted" Activity

# *Save The Date*

*You are invited to meet the  
52nd Baton Rouge Delta Debutantes*

*Project Debutante  
"A Red Carpet Event"*

*Sunday, March 12, 2017*

*4:00-6:00 pm*

*Baton Rouge Delta House*

*926 Harding Blvd*

*Baton Rouge, La. 70807*

*Please contact Mrs. Edith Cox at  
225-939-0353 or Mrs. Shera Gardner  
at 225-715-7491 for more information*





# Save the Date

The **World Renowned** Baton Rouge Delta Step Team will be participating in the 15th Annual Greek Variety and Step Show, presented by The Greater Baton Rouge National Pan Hellenic Council. The show is on March 11, 2017 at the F.G. Clark Activity Center, 7:00 pm. Tickets are \$15, please come and show your support!





# May Week 2017

## CALLING ALL SORORS

*In preparation for May Week the following information is requested.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_ H \_\_\_\_\_ W \_\_\_\_\_ C \_\_\_\_\_

Date of Birth \_\_\_\_\_

Current Chapter Office/Position \_\_\_\_\_

Chapter Committee \_\_\_\_\_

Spouse \_\_\_\_\_

Name at time of Initiation \_\_\_\_\_

Date of Initiation \_\_\_\_\_

Chapter of Initiation \_\_\_\_\_

Occupation \_\_\_\_\_

Skills/Talents \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Hobbies \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please complete the requested information and return to Soror Monica Davis at 5814 Valley Forge Avenue, Baton Rouge, LA 70808 or email to [modavis303@gmail.com](mailto:modavis303@gmail.com) by March 15, 2017.



# Financial Fortitude Competition



## THE BILLION DOLLAR CHALLENGE



**Eligibility:**  
All Chapters of  
Delta Sigma  
Theta Sorority  
Inc. that  
register for the  
Billion Dollar  
Challenge

**NOTE:** Chapters  
currently  
enrolled on the  
BDC website  
will  
automatically  
be entered

### How to Enter:

1. Register chapter on BDC website  
use DST -(Chapter name) for the account ID  
[www.billiondollarpaydown.com](http://www.billiondollarpaydown.com)
2. Set a chapter goal
3. Encourage members and the community  
to join challenge and log monthly payments
4. Complete the BDC survey by June 15, 2017

[https://www.surveymonkey.com/r/  
BillionDollarChallenge2017](https://www.surveymonkey.com/r/BillionDollarChallenge2017)

**Prizes Awarded  
during the 53rd  
National  
Convention in  
Las Vegas:**

**Percentage of  
most participants  
registered:  
\$1000**

**Chapter that  
reduced the most  
debt:  
\$1500**

- Take a quick inventory of your current bills and debt, and decide how much you would like to commit to paying down.
- Log on to the website at [www.billiondollarpaydown.com](http://www.billiondollarpaydown.com) and click "Join Now".
- Create an account using your email address and a unique user name.
- You will receive an email link (remember to check your SPAM folder) to activate your account. Email [dst@mydfree.org](mailto:dst@mydfree.org) if you don't receive the link or have questions about setting up the account.
- Continue the registration process by logging in and entering your personalized debt plan.
- On the "Dashboard Screen" click on "join or Start a Group" link.
- Track your progress by updating your account as you make your payments monthly.
- The chapter's BDC administrator should set up the group page using the same process outlined above and click start a group on the dashboard screen.

**Contest ends June 1, 2017**





# Louisiana Statewide Meeting: March 30-April 2



Registration for the 2017 Louisiana Statewide Summit in Shreveport, La. will close **Friday, February 17th**. Sorors planning to attend must complete the 3-step registration process found at <http://dstlouisiana.wixsite.com/statewide2017>. Enter your registration information, pay with Paypal & reserve a hotel room. The group reservation code is **SH03DEL**.

**There will be NO LATE OR ON-SITE registrations.** The cost per person is \$110.00.

**Hotel Information:** Sam's Town Shreveport Hotel & Casino

Planned updates and workshops include:

#### **Updates**

- Nominating Committee
- Scholarships & Standards
- Leadership Southwest
- Emergency Response Team
- Project 13

#### **Special:** Hazing Prevention Presentation

(Chapters conducting Membership Intake are strongly encouraged to be in attendance, especially Minerva Circle Members)

#### **Collegiate Caucus**

#### **Awards Banquet**

#### **An Hour of Power Worship**

#### **Workshops (Part I)**

- Social Media
- Financial Management
- Program Planning & Development
- Advisor/Collegiate Relationships

#### **Workshops (Part II)**

- Social Action
- Internal Audit
- Campus Relations
- Risk Management-Chapter Risk Management Coordinators (new guidelines start July 1, 2017)

**\* 2017 Statewide Summit Award Packet and Volunteer Service Awards criteria have been sent out. Awards will be given out at the Five Star Awards Gala.**

**\*Women of Excellence in Business nominations are now open.**





# 53rd National Convention



Please visit the Members Area of the National Website to view the Call to Convention

The 53<sup>rd</sup> National Convention – Call to Convention is now available! The Call to Convention is an informational booklet that contains the most up-to-date details regarding the National Convention. This document will include:

- Registration Information
- Instructions and Things to Remember
- National Convention Tentative Schedule with Official Convention Dates
- The Importance of Booking Your Room Through Delta's Official Convention Housing Website
- Official Convention Hotels and Hotel Rates
- Housing Procedures and Instructions
- Map of Official Convention Hotels
- Information on the Souvenir Journal Ad
- Family Activities and Tours
- Airport and Ground Transportation
- Scootaround and Wheelchair rentals
- Rental Cars



# 53rd National Convention

## 2017 SLATE OF CANDIDATES FOR THE 53rd NATIONAL CONVENTION

<b>National President</b>		
<b>Beverly Evans Smith</b>	Southern Region	Marietta-Roswell Alumnae Chapter
<b>National First Vice President</b>		
<b>Barbara L. Bagneris</b>	Farwest Region	Orange County (CA) Alumnae Chapter
<b>Cheryl A. Hickmon</b>	Eastern Region	Hartford Alumnae Chapter
<b>Doris McEwen</b>	Southern Region	Montgomery (AL) Alumnae Chapter
<b>Linda R. Wilson</b>	South Atlantic Region	Greensboro Alumnae Chapter
<b>National Second Vice President</b>		
<b>Brittany King</b>	Southern Region	Kappa Upsilon Chapter Auburn University
<b>Jaria Martin</b>	Farwest Region	Beta Psi Chapter Portland City-Wide
<b>Shelby Mitchell</b>	Midwest Region	Theta Eta Chapter Cleveland City-Wide
<b>Maribel Okiye</b>	Eastern Region	Iota Iota Chapter The Catholic University of America
<b>National Secretary</b>		
<b>Elsie L. Cooke-Holmes</b>	Southwest Region	Dallas Alumnae Chapter
<b>Octavia G. Matthews</b>	Midwest Region	Joliet Area/South Suburban Alumnae Chapter
<b>Joi L. Moore</b>	Central Region	Columbia (MO) Alumnae Chapter
<b>Beverly J. Schembri</b>	Southern Region	Stone Mountain-Lithonia Chapter
<b>Natalie T.J. Tindall</b>	Southwest Region	Beaumont Alumnae Chapter
<b>Judy L. Wright</b>	Midwest Region	Columbus (OH) Alumnae Chapter
<b>National Treasurer</b>		
<b>Deborah Jones-Buggs</b>	Midwest Region	Chicago Alumnae Chapter
<b>Chair, National Finance Committee</b>		
<b>Doreen A. Dixon</b>	Eastern Region	South Jersey Alumnae Chapter
<b>Myrna Phillips</b>	Eastern Region	Queens Alumnae Chapter
<b>Idalene Richmond Williams</b>	Central Region	Omaha Alumnae Chapter
<b>Chair, 2019 National Nominating Committee</b>		
<b>Donna Bowman</b>	Southern Region	Marietta-Roswell Alumnae Chapter
<b>Aisha Childs</b>	Farwest Region	Los Angeles South Bay Alumnae Chapter
<b>Sandra Gould</b>	Eastern Region	Quaker City Alumnae Chapter
<b>Deborah Stapleton</b>	Eastern Region	Central Jersey Alumnae Chapter
<b>Chair, National Internal Audit Committee</b>		
<b>Soraya Farver</b>	Midwest Region	Inkster Alumnae Chapter
<b>Toni Johnson</b>	Southern Region	Stone Mountain-Lithonia Chapter



# 53rd National Convention

2017 SLATE cont..

<b>Collegiate Member Scholarship &amp; Standards Committee</b>		
<b>Pearis Bellamy</b>	South Atlantic Region	Gamma Iota Chapter Hampton University
<b>Chandler Madison</b>	Eastern Region	Mu Pi Chapter University of Delaware
<b>Robbie Miller</b>	South Atlantic Region	Iota Chapter University of North Carolina - Charlotte
<b>Rhea Moore</b>	Midwest Region	Epsilon Epsilon Chapter Michigan State University
<b>Jaleah Rutledge</b>	Southern Region	Gamma Tau Chapter Tuskegee University
<b>Collegiate Member 2019 National Nominating Committee</b>		
<b>Tanaja Kidd</b>	Southern Region	Sigma Chapter Clark Atlanta University
<b>Collegiate Member National Finance Committee</b>		
<b>Victoria I. Brown</b>	Eastern Region	Gamma Chapter University of Pennsylvania
<b>Deneisha Cook</b>	Southern Region	Sigma Chapter Clark Atlanta University
<b>Allison Floyd</b>	Southern Region	Lambda Sigma Chapter The University of Mississippi
<b>Collegiate Member National Internal Audit Committee</b>		
<b>Tiara Brooks</b>	Midwest Region	Theta Omega Chapter Marshall University
<b>Kiersten Hargett</b>	South Atlantic Region	Gamma Chi Chapter Claflin University



# Delta Day at the United Nations



The *Annual "Delta Day at the United Nations"* will be held Friday, March 24, 2017 at the United Nations, 405 East 42nd Street, New York, NY 10017. Online registration is **NOW OPEN**. Registration will close on **Thursday, February 23, 2017** or once capacity is reached.

#### Registration Details:

Collegiate and Alumnae: \$150

Sorors may pay their registration by credit card, cashier's check (no personal checks), money order, or wire transfer.

The New York Hilton Midtown Hotel is the host hotel. The hotel is located at 1335 Avenue of the Americas, New York, NY 10019 and the room rate is \$269 per night and \$279 per night for double occupancy.

The Schedule of Events is forthcoming. Please check your email communication as well as the National Website regularly for updated information.







# Volunteer Service Hours

This form is designed to compile data of volunteer service hours of a chapter and its individual members. The term "volunteer service hours" is defined as service hours that reflect a soror's commitment to the 5 Point Programmatic Thrust of the sorority (Economic Development, Educational Development, Physical and Mental Health, Political Awareness and Involvement and International Awareness and Involvement). Sorors may report and receive credit for the time spent at chapter, executive committee/board and committee meetings, etc. Volunteer service hours should not be reported for time spent as part of your profession, i.e. a teacher performing after school tutorials or part of your employer's Adopt-a-School program.

DATE:	PROGRAM/ACTIVITY*	5-POINT THRUST	HOURS
	Executive Board	ED	
	Sorority Meeting	ED	
	Budget and Finance	EC	
	Economic Development	EC	
	ED – Delta Academy	ED	
	ED - GEMS	ED	
	ED - DREAM	ED	
	ED - EMBODI	ED	
	Physical and Mental Health	PH	
	International Awareness and Involvement	IN	
	Political Awareness and Involvement	PO	
	Arts and Letters	ED	
	Social Action	EC	
	Delta DEARS	PH	
	Founders Day/May Week	PH	

I certify that the above information is a true record of my volunteer hours.

Signature: \_\_\_\_\_ Phone: \_\_\_\_\_

The Delta Voice  
March 2017



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P.O. Box 74139  
Baton Rouge, LA 70874-4139